

Physical Education Statement of Intent 2019-20

Intent

As stated in the 2014 Physical Education Curriculum aims, the PE curriculum at Springfield is designed to meet the needs of all pupils to ensure that they:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.



Our approach to teaching PE develops the learner as a whole and alongside the physical skills, encourages learners to reflect on and improve their skills in the 5 other areas of the RealPE cogs.

We aim to instil a positive attitude towards PE and physical activity to promote healthy lifestyles for our pupils currently and in the future.

Implementation

Springfield Junior follow the Real PE schemes of work which are fully aligned to the National Curriculum and Ofsted requirements and focus on the development of agility, balance and coordination, healthy competition and cooperative learning. Each unit of work has a different focus to develop the key abilities necessary for success in PE and sport and across the curriculum: creative, physical, health and fitness, personal, social and cognitive.

Teachers have high expectations of pupils and offer appropriate levels of support and challenge to ensure that every pupil is able to succeed and that every pupil is stretched in each PE session.

The RealPE Learning nutrition document is used to support teaching and learning and encourage pupil-led learning. The child-friendly assessment statements (Real PE cogs) are used in lessons to ensure consistency across the key stage and that pupils are aware of their own progress, strengths and challenges.

Impact

Every child will:

- enjoy PE lessons and physical activity

- be able to achieve and succeed
- be able to combine physical skills with fluency and apply them consistently to a broad range of physical activities and sports
- have the opportunity to take part in competitive sport
- be able to collaborate and communicate with others
- understand and be able to articulate how they have made progress in individual PE lessons and over time
- understand how to evaluate and recognise their own success
- be able to explain the importance of leading a healthy and active life